

WALK MORE IN FOUR

You can win a bike, scooter, bike helmet, backpack or other fun stuff donated by local businesses. You can win just by walking or biking to school safely three out of five days a week in September. Do it for four weeks in a row and you will be eligible for the drawing.

Walking and Biking to and from school can be safe and fun!

- Ask your principal for a copy of your school's safest routes SNAP map
- Walk with friends and in the same direction as cars
- Stay on the sidewalk and walk your bike through crosswalks
- Cross the street where a crossing guard is present or at a marked crosswalk
- When crossing the street, look left, look right and left again for cars

Here are the rules: Walk or bike to school at least three days a week for the next four weeks, starting Monday, Aug. 31 and ending Friday, Sept. 25. Mark your progress each week on this chart and have your parent/guardian sign it when complete. Then mail it back in a stamped envelope to:

SNAP/Walk More in Four
375 West 200 South, Suite 275
Salt Lake City, Utah 84101

Mail by Oct. 5 to be entered in the prize drawing. On Oct. 7, National Walk to School Day, SNAP will draw the winners and award the prizes.

Note to parents: The Student Neighborhood Access Program (SNAP)™ is part of UDOT's Safe Routes to School program and supplies schools with resources to build a SNAP Plan that contains a map of the safest walking and biking routes to and from school. Every Utah elementary school is legally required to update and distribute the safest routes map to students annually. Contact your school for a copy of its current SNAP Map. For more information and tips, visit UDOT.utah.gov/SNAPparents.

**Record your
progress here!**

Monday Aug. 31	Tuesday Sept. 1	Wednesday Sept. 2	Thursday Sept. 3	Friday Sept. 4
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Monday Sept. 7	Tuesday Sept. 8	Wednesday Sept. 9	Thursday Sept. 10	Friday Sept. 11
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Monday Sept. 14	Tuesday Sept. 15	Wednesday Sept. 16	Thursday Sept. 17	Friday Sept. 18
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Monday Sept. 21	Tuesday Sept. 22	Wednesday Sept. 23	Thursday Sept. 24	Friday Sept. 25
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Student Name (please print)

School Name

Contact Phone Number

Parent/Guardian Signature



SNAP
Student Neighborhood Access Program

